

Your health records

Health records are information about your health and any care or treatment you have had. They will include things like test results, x-rays or letters your doctor has written about you.

This information may be kept at your doctor's surgery or may be kept at a hospital. It may be on computer or it may be on paper.



If you want to see your records you can just ask the doctor or nurse who is treating you. But they do not have to show you then and there.

If they will not show you, then you will have to write a letter. Get an advocate or advice service to help you with this.



There are some things you will not be able to see.

These will be things that it would be bad for you to see.

Other people can also ask to see your records. People like your family or carers or social workers, if you agree. If you have a welfare guardian they may have the right to see your records.

If you don't want other people to see something in your records, tell the doctor or nurse treating you.



Your Emergency Care Summary

Your doctor keeps important information about your health. This information might be needed in an emergency. Other doctors or nurses will ask you before they look at it, if you are well enough to answer.

Ask your doctor if you want to know more about this.

Your rights

You can ask to see your records. You can get a copy if you want one. You do not need to give a reason for wanting to see your health records.

When you look at your records it's likely someone will be with you while you see them. They should explain any jargon or words that you don't understand.



Sometimes it is free to see your records. Sometimes you will have to pay to see your records. It can cost up to £10. If you want a copy of any part of them, it can cost up to £50.

If you think information in your records is wrong, get an advocate or advice service to help you.

If you are not happy about anything connected with your application to see your health records, get an advocate or advice service to help you.



To find out more about anything in this leaflet you can contact your local NHS Board. You can find contact details for your local NHS Board in the phone book under 'health services'.

To find out more about your rights you can contact

- **ENABLE Scotland**

2nd Floor, 146 Argyle Street
Glasgow
G2 8BL

Phone: 0141 226 4541 (this line is open between 1pm and 4pm on Monday to Friday for information and advice)

Fax: 0141 204 4398

E-mail: enable@enable.org.uk

Website: www.enable.org.uk

- **People First (Scotland)**

77-79 Easter Road
Edinburgh
EH7 5PW

Phone: 0131 478 7707

Fax: 0131 478 7474

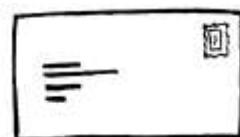
E-mail: peoplefirst1@btconnect.com

Your comments please!

We want to know what you think about this leaflet.

Please give us your comments:

- by post to HRIS, Consumer Focus Scotland,
FREEPOST GW5277, Glasgow G1 3BR
- by emailing us at **hris@consumerfocus.org.uk**
- by visiting our website at **www.hris.org.uk** and
clicking on the “contact us” link
- by phoning us on **0141 226 5261**



We have tried our best to make sure this leaflet is correct but the law is much more complicated than this. If you plan to take legal action you should get an advocate, advice service or solicitor to help you.

You can get a longer version of this leaflet, which explains things covered here in more detail.

To get the longer version, or to get this information in another language or format, phone your local NHS Board.

If you need help to do this contact the NHS helpline on 0800 22 44 88 (textphone 18001 0800 22 44 88). Or go to the website www.hris.org.uk



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